

the day i spent pdf

spend on Research into office-based, call centre and retail employee behaviours revealed that 77 percent of the working day is spent sitting.

Stand Up Australia Sedentary behaviour in workers

Here is the PDF file of my popular post, How to Survive the NICU or you can check out the link on my blog. Prematurity is something I only read about, a statistic, a sad news story, something that happened to other people.

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